

**Creative Movement for Older Babies and Toddlers: ENERGY sharp and smooth  
Ideas to relate the concept of energy to the multiple intelligences:**

Visual/Spatial: CRAFTY! Make your own, or buy, bubble liquid and play with different bubble wands (string, wire hanger, bubble pipes, etc.) Can you find smooth rainbow shapes?

homemade bubble recipe:  
1/4 c. non-toxic liquid detergent  
1 cup water

Kinesthetic: ARTSY! Using butcher paper, poster board, large newsprint or used wrapping paper, explore smooth and sharp painting or coloring with crayons! Put the paper right on the floor for a full-body experience.

**FINGER RHYME!**

This is the way I clap my hands, clap my hands, clap my hands.

This is the way I clap my hands, so early in the morning.

This is the way I stomp my feet...

This is the way I wave my arms...

This is the way I poke my fingers...

*(continue to play with different ways of moving sharply and smoothly)*

Linguistic/aural: SONG!  
All around the mulberry bush  
The monkey chased the weasel  
The monkey thought that it was in fun  
POP goes the weasel!

*Use movement to enhance your child's linguistic and aural skills: Move in new ways with your baby as you say the words "float, stretch, press, flick, melt, dab, sway" and more!*

Logical/math: CRAFTY! Cut construction paper into smooth and sharp puzzle pieces, and explore fitting them together.

Musical: SONG!  
One little, two little, three little bubbles.  
Four little, five little, six little bubbles.  
Seven little, eight little, nine little bubbles.  
Ten little bubbles in the air.  
Now let's POP pop pop those bubbles,  
Now let's POP pop pop those bubbles,  
Now let's POP pop pop those bubbles,  
Pop them in the air.