

**Creative Movement for Older Babies and Toddlers: LEVELS low, medium and high
Ideas to relate the concepts of levels to the multiple intelligences:**

- Visual/Spatial: CRAFTY! Use gathered leaves in a collage, exploring placing the leaves on different levels.
- Kinesthetic: BLANKET RIDES! Use movement to enhance your dancer's kinesthetic awareness, as you help to develop her visual tracking and vestibular system: With dancer lying on her back or front gently pull her across a smooth floor for a new view from a magic carpet!
- Linguistic/aural: SONG!
Ring around the rosy
A pocketful of posies (*move in a circle back and forth*)
Ashes, ashes, we all fall down (*tip low*)
The cows are in the meadow,
They're huddling all together
There's thunder and lightning (*pound the floor*)
We all jump up! (*jump high*)
- Logical/nature: OUTDOORS/IN! Collect leaves from 3-4 different trees, two leaves per tree. Play a matching game to find the pairs of leaves.
- Musical: SONG!
The (bear, blanket, towel, etc.) goes high and low,
High and low,
High and low,
The (bear, blanket, towel, etc.) goes high and low,
My fair dancer.
- Emotional/social: Have your child decorate an empty bottle with stickers, placing them high, medium and low, then fill with flowers together. Place this lovely creation where the whole family can admire your child's contribution.
- Practical life: There are many practical life activities that relate to levels. You can give your child a small pair of pitchers or clear cups to practice pouring water, or a dish-brush and a small container of water to "mop" the floor, cabinets and table! Children usually love this!